



Blackdown Nursing Home

May 2023 Newsletter

Introduction

Welcome to our May Newsletter, the grounds are taking shape and we have been busy preparing our new planters for the summer.

We will be having a Tea Party to celebrate our new King's Coronation.

Forthcoming Events

3rd May - Animal HQ at 2pm

5th May - Singer Patrick at 2pm

6th May - Kings Coronation and Tea Party

9th May - Zumba with Liz 11am & Birds of Prey with David Buncle 2pm

11th May - Podiatrist visit and Alison Moyna at 2pm

12th May - Josie Whitfield Pastoral Service at 11am

13th May - JB Dance Group at 11am

15th May - Alpacas

17th May - Residents Meeting at 10.30

18th May - Singer Peter at 2pm

23rd May - Zumba with Liz at 11am

26th May - Josie Whitfield Pastoral Service at 11am

Renovations

The Patio has been completed outside Sunflower Lounge and the planters have been filled with bedding plants, which should bloom throughout the summer. New duvets and covers have been ordered and curtains have been chosen to upgrade the bedroom soft furnishings.

New Menu

The Summer Menu is now up and running and more soft options are available.

Residents can now enjoy a wider selection of hot meals at tea time.

The sheep Ariel and Esme are due to be sheared.



MAY BIRTHDAYS

No residents have birthday's in May



However, it is perhaps the World's most Famous Nurse Florence Nightingale on 12th

We have purchased an Interactive Light Projector to enable us to incorporate the Happiness Programme into our Wellbeing activities. Staff Training for the Happiness Programme will take place on 2nd May.

After discussion with residents and families we have purchased echo dots for the lounges to enable us to play a variety of music from different eras and genres.

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May is:

Make May purple Action on Stroke Month.

Raising awareness of strokes and their impact on sufferer and their families.

Stroke
Association



What is
a **stroke?**