



Blackdown Nursing Home

June 2023 Newsletter

Introduction

Welcome to our June Newsletter, we are having some glorious weather and have been taking advantage of our outside space. Please check out our Facebook page to see the photos.

We would like to thank families for their suggestions and donations of activities and sun hats.

Forthcoming Events

1st June - Singer Peter at 2pm

2nd June - Ian Kilpatrick from Dartmoor Rescue at 2pm

6th June - Zumba with Liz at 11am

6th June - Singer Patrick at 2pm

9th June - Josie Whitfield Pastoral Service at 11am

14th June - Simon Dell - Police Talk about Myths & Legacy at 2pm

15th June - Picnic in grounds 3pm

20th June - Zumba with Liz at 11am

20th June - Singer Alison Moyna at 2pm

22nd June - Podiatrist from 10am

23rd June - Josie Whitfield Pastoral Service at 11am

27th June - Trip to Donkey Haven at 2pm

29th June - Singer Peter at 2pm

Renovations

The AGA has been removed from the kitchen and we have purchased an electric range that is user friendly and energy efficient. This will enable the kitchen to cool down once lunch has been served.

We have been preparing more planters for the area behind the dining room and the residents have helped paint them and then put the plants in. They are looking pretty and the residents are enjoying helping to look after them. We are going to plant herbs in one of them that the kitchen can use.

Pot Holes

The driveway is going to be resurfaced in June/July.

An additional Premises Officer has been recruited.

JUNE BIRTHDAYS

Norman 3rd

Ginny 17th

Gwen 19th

Jess 25th



The sheep Ariel and Esme have been sheared and soon will be joined by 2 friends.



The Wellbeing Coordinators have received training to use the Interactive Light Projector and use it with the residents for the first time on Monday.

We have been using the echo dots for music on the patio and with the pastoral services. The residents have been selecting the music.



Zumba has proven very popular and our Instructor is now going to come fortnightly.

June is:

National Picnic Week, we will be holding a picnic with the residents enjoying a UK favourite for sunny days.



#GladtoCare
AWARENESS WEEK

20th – 24th June 2023