

# Blackdown Nursing Home January 2024 Newsletter

#### Introduction

Welcome to our January Newsletter. We would like to wish you all a happy and prosperous New Year. After a busy festive period at Blackdown we have been working hard to provide a fun packed activity program for January.

## Forthcoming Events

2<sup>nd</sup> January - Zumba with Liz at 11am

5<sup>th</sup> January - Rev Matt Godfrey and Josie at 11am, Singer Patrick at 2pm

8<sup>th</sup> January - Tamar Tars Singing Sea Shanties at 2pm

9<sup>th</sup> January - Wendy Wellness at 11.30am & Singer Alison at 2pm

11th January - Mike Huber Guitar and Singing at 2pm

16<sup>th</sup> January - Zumba with Liz at 11am

17th Janaury - Yoga with Sonya at 11am

18th January - Singer Peter at 2pm

19th January - Church Service with Josie at 11am, Music from Around the World at 2pm

21st January - Ballroom Dancing at 2pm

23<sup>rd</sup> January - Wendy Wellness at 11.30am

25th January - Singers Bob & Tony at 2pm

26th January - Singers Martin & Sarah at 2.15pm

 $30^{\text{th}}$  January – Zumba with Liz at 11am

31st January - Keri & Barney Therapy Dog at 2.15pm



Burns Night 25<sup>th</sup> Jan 2024



Winnie The Pooh Day 18<sup>th</sup> January 2024

## January 2024

Work on the rear Car Park is due to commence on 3<sup>rd</sup> January, please bear with us whilst parking is limited.

The redecoration of the corridors has commenced.

We would like to welcome our new Nurse Judith to the team.

## carehome.co.uk -

THIS IS TO CERTIFY THAT

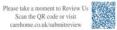
#### Blackdown Nursing Home

HAS A CAREHOME.CO.UK REVIEW SCORE OF



December 2023

Maximum Review Score is 10, and the Score was calculated from 7 Reviews made by residents or family/friends of residents.



# A selection of photos from Events in De











Thank you to the Tavistock Catholic Church for the donation of the blanket and fidget muffs.

## Christmas Raffle

We raised £148 for the residents' fund. Thank you to Annie for drawing the tickets.



Thank You

A massive thank you to all the families and friends for the gifts of chocolates and biscuits for the staff.

## JANUARY BIRTHDAY'S

Garth 14<sup>th</sup> Margaret 21<sup>st</sup>

