



## Blackdown Nursing Home

### January 2024 Newsletter

#### Introduction

Welcome to our January Newsletter. We would like to wish you all a happy and prosperous New Year. After a busy festive period at Blackdown we have been working hard to provide a fun packed activity program for January.

#### Forthcoming Events

- 2<sup>nd</sup> January - Zumba with Liz at 11am
- 5<sup>th</sup> January - Rev Matt Godfrey and Josie at 11am, Singer Patrick at 2pm
- 8<sup>th</sup> January - Tamar Tars Singing Sea Shanties at 2pm
- 9<sup>th</sup> January - Wendy Wellness at 11.30am & Singer Alison at 2pm
- 11<sup>th</sup> January - Mike Huber Guitar and Singing at 2pm
- 16<sup>th</sup> January - Zumba with Liz at 11am
- 17<sup>th</sup> January - Yoga with Sonya at 11am
- 18<sup>th</sup> January - Singer Peter at 2pm
- 19<sup>th</sup> January - Church Service with Josie at 11am, Music from Around the World at 2pm
- 21<sup>st</sup> January - Ballroom Dancing at 2pm
- 23<sup>rd</sup> January - Wendy Wellness at 11.30am
- 25<sup>th</sup> January - Singers Bob & Tony at 2pm
- 26<sup>th</sup> January - Singers Martin & Sarah at 2.15pm
- 30<sup>th</sup> January - Zumba with Liz at 11am
- 31<sup>st</sup> January - Keri & Barney Therapy Dog at 2.15pm



**Burns Night**  
25<sup>th</sup> Jan 2024



**Winnie The Pooh Day**  
18<sup>th</sup> January 2024

### January 2024

Work on the rear Car Park is due to commence on 3<sup>rd</sup> January, please bear with us whilst parking is limited.  
The redecoration of the corridors has commenced.

We would like to welcome our new Nurse Judith to the team.

carehome.co.uk

THIS IS TO CERTIFY THAT

**Blackdown Nursing Home**

HAS A CAREHOME.CO.UK  
REVIEW SCORE OF



December 2023

Maximum Review Score is 10, and the Score was calculated from 7 Reviews made by residents or family/friends of residents.

Please take a moment to Review Us  
Scan the QR code or visit  
carehome.co.uk/submitreview



### A selection of photos from Events in De



Thank you to the Tavistock Catholic Church for the donation of the blanket and fidget muffs.

### Christmas Raffle

We raised £148 for the residents' fund.  
Thank you to Annie for drawing the tickets.



### Thank You

A massive thank you to all the families and friends for the gifts of chocolates and biscuits for the staff.

### JANUARY BIRTHDAY'S

Garth 14<sup>th</sup>  
Margaret 21<sup>st</sup>

